

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

	Time	P/F/S	Name	Age/Yr			
Women 19 & Over 50 Free							
1	25.18 S	P	Tayla Lovemore	22	RSA	06/12/2016	13th FINA WORLD SWIMMING CI
2	25.65 S	F	Emma Chelius	20	MATI CED	04/10/2016	Fina -Airwave Swimming World Cu
3	26.01 S	S	Jamie Reynolds	19	SEAL UMD	25/08/2016	Sa Short Course Swimming Cham
4	26.23 S	F	Chelsea Meiring	19	SEAL UMD	25/08/2016	Sa Short Course Swimming Cham
5	26.69 S	S	Megan Scott	25	ONYX EKU	25/08/2016	Sa Short Course Swimming Cham
6	27.05 S	S	Michelle Nieuwstad	23	MATI CED	25/08/2016	Sa Short Course Swimming Cham
7	27.29 S	F	Camryn Wheals	19	TUKS TSH	13/08/2016	NTS Senior Short Course Champs
8	27.69 S	F	Emily Visagie	19	SGUL ETH	05/06/2016	KZN Seals Winter Gala 1 2016
9	27.75 S	P	Danica McWilliam	21	STAD JHB	25/08/2016	Sa Short Course Swimming Cham
10	27.76 S	F	Nakita Hodgson	22	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
11	27.89 S	F	Thilde Victor	35	VICT EKU	23/07/2016	EKURHULENI Winter Champs 20
12	27.96 S	F	Dawn Schutte	20	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
13	28.01 S	F	Lindsay McLeod	22	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
14	28.10 S	F	Caitlin Kat	24	MATI CED	15/07/2016	Western Cape Winter SC Champic
15	28.11 S	P	Anna Retief	23	KOVS MAN	25/08/2016	Sa Short Course Swimming Cham
16	28.13 S	F	Tatum Tarpey	19	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
17	28.14 S	F	Jessica Whelan	20	STAD JHB	29/07/2016	CGA Senior Short Course Open 2l
18	28.17 S	F	Kristy Kupfer	19	MDOL JHB	25/06/2016	Arena Dual Meet Competition
19	28.32 S	F	Esthé Bester	29	HARB BPD	24/09/2016	NWS Short Course Championship
20	28.33 S	F	Eliz-Maric Cronje	19	POTC KKD	24/09/2016	NWS Short Course Championship
21	28.43 S	F	Eune Odendaal	19	PSC TSH	06/10/2016	KZN Seagulls Winter Short Course
22*	28.46 S	F	Demi Lopes	19	TUKS TSH	13/08/2016	NTS Senior Short Course Champs
22*	28.46 S	P	Samantha Blaauw	21	NWUC KKD	25/08/2016	Sa Short Course Swimming Cham
24	28.51 S	F	Marne Frylinck	19	SGUL ETH	25/02/2017	Duel in The Pool - Pool B
25	28.60 S	P	Mikal Botha	19	TUKS TSH	25/08/2016	Sa Short Course Swimming Cham
26	28.69 S	F	Seonaid Leech	21	STAD JHB	23/07/2016	EKURHULENI Winter Champs 20
27	28.75 S	P	Tina Bahlmann	19	TUKS TSH	25/08/2016	Sa Short Course Swimming Cham
28	28.85 S	F	Kristina Rogge	19	AZON ETH	06/10/2016	KZN Seagulls Winter Short Course
29	28.93 S	F	Danielle Smit	19	USC BUF	06/10/2016	KZN Seagulls Winter Short Course
30	28.98 S	F	Bathandwa Dyanty	19	AQUA BUF	06/10/2016	KZN Seagulls Winter Short Course
31	29.28 S	P	Michele Esterhuizen	45	NSA EZD	25/08/2016	Sa Short Course Swimming Cham
32*	29.46 S	P	Nicole Lewis	22	FINS EZD	25/08/2016	Sa Short Course Swimming Cham
32*	29.46 S	F	Danielle Martin	21	SODO JHB	12/06/2016	CGA Winter Gala No 1
34*	29.47 S	F	Khanya Jack	19	AQUA BUF	19/08/2016	Ultimate Swim Club Short Course
34*	29.47 S	F	Kyra Vivian	19	MDOL JHB	06/10/2016	KZN Seagulls Winter Short Course
36	29.66 S	F	Caitlin Truter	20	ASA CPT	15/07/2016	Western Cape Winter SC Champic
37	29.73 S	F	Jessica Bouwer	20	TUKS TSH	13/08/2016	NTS Senior Short Course Champs
38	29.80 S	F	Suzette Steenkamp	19	CLSC WCD	15/07/2016	Western Cape Winter SC Champic
39	29.96 S	F	Licinda Kleynhans	20	NWUC KKD	23/07/2016	EKURHULENI Winter Champs 20
40	30.17 S	F	Cornell Loubser	22	NWUC KKD	24/09/2016	NWS Short Course Championship
41	30.28 S	F	Phillippa Manners-Wood	20	MATI CED	15/07/2016	Western Cape Winter SC Champic
42	30.32 S	F	Jamie Gardiner	19	SASE JHB	29/07/2016	CGA Senior Short Course Open 2l
43	30.42 S	F	Caitlin Sleet	19	MATI CED	15/07/2016	Western Cape Winter SC Champic
44	30.94 S	F	Amy Fraser	21	NEWS ADJ	06/10/2016	KZN Seagulls Winter Short Course
45	30.95 S	F	Kelsey Heatlie	21	STAD JHB	06/10/2016	KZN Seagulls Winter Short Course
46	31.38 S	F	Cristelle Kriel	23	NSA EZD	06/08/2016	MP Winter SC 6 Aug - 2016
47	31.41 S	F	Chelsea Mills	19	CADO CPT	25/06/2016	Western Cape Qualifying Gala 1
48	31.65 S	P	Lauren Barnes	19	BENS EKU	23/07/2016	EKURHULENI Winter Champs 20
49	32.06 S	F	Emily Gray	25	TUKS TSH	25/08/2016	Sa Short Course Swimming Cham
50	32.24 S	F	Jo- Mari Smith	28	CSA EZD	23/07/2016	MP Winter SC - July 2016
51*	32.74 S	P	Jessica Burgess	19	ESP EKU	23/07/2016	EKURHULENI Winter Champs 20
51*	32.74 S	F	Julia Anderson	20	CADO CPT	25/06/2016	Western Cape Qualifying Gala 1
53	33.12 S	F	Kristy Boucher	24	ONYX EKU	09/07/2016	EGA Winter 2_09July 2016
54	33.60 S	F	Mariné Jv Rensburg	19	LIMSC LP	14/10/2016	Limpopo HS Topskole 2016
55	34.04 S	F	Anneke Boshoff	44	HARB BPD	24/09/2016	NWS Short Course Championship
56	35.25 S	F	Maritza Snyders	20	BEAV ETH	25/08/2016	Sa Short Course Swimming Cham
57	36.81 S	F	Deidre Van Biljon	44	VICT EKU	09/07/2016	EGA Winter 2_09July 2016
58	38.05 S	F	Melisa O'Neil	CR	TSSC ETH	06/10/2016	KZN Seagulls Winter Short Course

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Times since: 01-May-16

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	Time	P/F/S	Name	Age/Yr			
59	41.57 S	F	Hendrika Vreken	42	KNYD EDD	18/06/2016	Eden 2nd SC Gala 2016
60	43.90 S	F	Songo Mfikili	25	HARL BUF	19/08/2016	Ultimate Swim Club Short Course
61	44.54 S	F	Tracy McKay	47	SGUL ETH	25/08/2016	Sa Short Course Swimming Cham
62	1:35.31 S	P	Patricia Ings	48	SGUL ETH	25/08/2016	Sa Short Course Swimming Cham
Women 19 & Over 100 Free							
1	55.08 S	F	Tayla Lovemore	22	SEAL UMD	25/08/2016	Sa Short Course Swimming Cham
2	56.78 S	F	Jamie Reynolds	19	SEAL UMD	25/08/2016	Sa Short Course Swimming Cham
3	57.23 S	P	Emma Chelius	20	MATI CED	04/10/2016	Fina -Airwave Swimming World Cu
4	57.57 S	F	Chelsea Meiring	19	SEAL UMD	25/08/2016	Sa Short Course Swimming Cham
5	57.60 S	F	Jessica Ashley-Cooper	25	TYGE CPT	15/07/2016	Western Cape Winter SC Champic
6	58.24 S	F	Kristin Bellingan	19	SGUL ETH	25/08/2016	Sa Short Course Swimming Cham
7	58.42 S	F	Jessica Whelan	20	STAD JHB	06/10/2016	KZN Seagulls Winter Short Course
8	58.68 S	F	Tatum Tarpey	19	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
9	58.77 S	P	Camryn Wheals	19	TUKS FSH	25/08/2016	Sa Short Course Swimming Cham
10	59.30 S	F	Megan Scott	25	EGA EKU	20/08/2016	Small Districts Championship Gala
11	59.40 S	P	Danica McWilliam	21	STAD JHB	25/08/2016	Sa Short Course Swimming Cham
12	59.61 S	F	Caitlin Kat	24	MATI CED	15/07/2016	Western Cape Winter SC Champic
13	59.81 S	F	Alison Basel	19	WATR JHB	25/06/2016	Arena Dual Meet Competition
14	59.86 S	P	Michelle Nieuwstad	23	MATI CED	25/08/2016	Sa Short Course Swimming Cham
15	59.87 S	F	Emily Visagie	19	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
16	59.93 S	F	Tilka Paljk	20	TUKS FSH	13/08/2016	NTS Senior Short Course Champs
17	59.99 S	F	Lindsay McLeod	22	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
18	1:00.41 S	F	Eune Odendaal	19	PSC FSH	06/10/2016	KZN Seagulls Winter Short Course
19	1:00.44 S	P	Anna Retief	23	KOV5 MAN	25/08/2016	Sa Short Course Swimming Cham
20	1:00.58 S	F	Kristy Kupfer	19	MDOL JHB	29/07/2016	CGA Senior Short Course Open 20
21	1:01.18 S	F	Dawn Schutte	20	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
22	1:01.33 S	P	Samantha Blaauw	21	NWUC KKD	25/08/2016	Sa Short Course Swimming Cham
23	1:01.38 S	P	Nadia Blaauw	19	NWUC KKD	25/08/2016	Sa Short Course Swimming Cham
24	1:01.45 S	P	Mikal Botha	19	TUKS FSH	25/08/2016	Sa Short Course Swimming Cham
25	1:01.54 S	F	Eliz-Maric Cronje	19	POTC KKD	24/09/2016	NWS Short Course Championship
26	1:02.32 S	F	Esthé Bester	29	HARB BPD	24/09/2016	NWS Short Course Championship
27	1:02.47 S	F	Bathandwa Dyantyi	19	AQUA BUF	06/10/2016	KZN Seagulls Winter Short Course
28	1:02.49 S	F	Nakita Hodgson	22	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
29	1:02.50 S	P	Caitlin Sleet	19	MATI CED	25/08/2016	Sa Short Course Swimming Cham
30	1:02.67 S	F	Danielle Smit	19	USC BUF	06/10/2016	KZN Seagulls Winter Short Course
31	1:02.78 S	F	Khanya Jack	19	AQUA BUF	06/10/2016	KZN Seagulls Winter Short Course
32	1:02.79 S	F	Seonaid Leech	21	STAD JHB	23/07/2016	EKURHULENI Winter Champs 20
33	1:02.95 S	F	Kyra Vivian	19	MDOL JHB	29/07/2016	CGA Senior Short Course Open 20
34	1:03.14 S	F	Lemay van Rensburg	19	NWS	20/08/2016	Small Districts Championship Gala
35	1:03.45 S	F	Ella Mencil	20	MDOL JHB	25/06/2016	Arena Dual Meet Competition
36	1:03.55 S	F	Cornell Loubser	22	NWS	20/08/2016	Small Districts Championship Gala
37	1:03.58 S	F	Suzette Steenkamp	19	CLSC WCD	15/07/2016	Western Cape Winter SC Champic
38	1:04.01 S	F	Caitlin Truter	20	ASA CPT	15/07/2016	Western Cape Winter SC Champic
39	1:04.39 S	P	Michele Esterhuizen	45	NSA EZD	25/08/2016	Sa Short Course Swimming Cham
40	1:04.48 S	F	Maria Bornman	25	AQWO CPT	25/06/2016	Western Cape Qualifying Gala 1
41	1:04.54 S	P	Licinda Kleynhans	20	NWUC KKD	25/08/2016	Sa Short Course Swimming Cham
42	1:04.88 S	F	Cassie Shear	21	STAD JHB	29/07/2016	CGA Senior Short Course Open 20
43	1:04.91 S	F	Nasha Van Rensburg	19	TYGE CPT	21/05/2016	WC Metro Winelands Winter Gala
44	1:05.12 S	F	Danielle Martin	21	SODO JHB	12/06/2016	CGA Winter Gala No 1
45	1:05.56 S	F	Jessica De Beer	22	FLOD JHB	29/07/2016	CGA Senior Short Course Open 20
46*	1:06.67 S	F	Anél De Vos	19	LP LP	20/08/2016	Small Districts Championship Gala
46*	1:06.67 S	F	Lauren Barnes	19	BENS EKU	23/07/2016	EKURHULENI Winter Champs 20
48	1:07.05 S	P	Cristelle Kriel	23	NSA EZD	25/08/2016	Sa Short Course Swimming Cham
49	1:07.12 S	F	Kelsey Heatlie	21	STAD JHB	06/10/2016	KZN Seagulls Winter Short Course
50	1:07.19 S	F	Chelsea Mills	19	CADO CPT	25/06/2016	Western Cape Qualifying Gala 1
51	1:07.33 S	F	Jessica Bouwer	20	TUKS FSH	13/08/2016	NTS Senior Short Course Champs
52	1:07.58 S	P	Michaela Diaz	20	TUKS FSH	25/08/2016	Sa Short Course Swimming Cham
53	1:07.75 S	F	Jamie Gardiner	19	SASE JHB	29/07/2016	CGA Senior Short Course Open 20
54	1:08.40 S	F	Phillippa Manners-Wood	20	MATI CED	15/07/2016	Western Cape Winter SC Champic

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	Time	P/F/S	Name	Age/Yr			
55	1:09.52 S	F	Emily Gray	25	TUKS TSH	13/08/2016	NTS Senior Short Course Champs
56	1:09.81 S	P	Jessica Burgess	19	ESP EKU	23/07/2016	EKURHULENI Winter Champs 2016
57	1:11.06 S	F	Julia Anderson	20	CADO CPT	25/06/2016	Western Cape Qualifying Gala 1
58	1:11.38 S	F	Amy Fraser	21	NEWS ADJ	06/10/2016	KZN Seagulls Winter Short Course
59	1:11.96 S	F	Jo- Mari Smith	28	CSA EZD	23/07/2016	MP Winter SC - July 2016
60	1:13.37 S	F	Kristy Boucher	24	ONYX EKU	06/10/2016	KZN Seagulls Winter Short Course
61	1:14.61 S	F	Anneke Boshoff	44	HARB BPD	24/09/2016	NWS Short Course Championship
62	1:16.37 S	F	Maritza Snyders	20	BEAV ETH	25/08/2016	Sa Short Course Swimming Cham
63	1:16.68 S	F	Mariné Jv Rensburg	19	LIMSC LP	14/10/2016	Limpopo HS Topskole 2016
64	1:17.94 S	F	Janet Michaelides	42	KNYD EDD	18/06/2016	Eden 2nd SC Gala 2016
65	1:21.93 S	F	Cornelia Fowler	37	KLOO ETH	25/08/2016	Sa Short Course Swimming Cham
66	1:23.67 S	F	Melisa O'Neil	CR	TSSC ETH	06/10/2016	KZN Seagulls Winter Short Course
67	1:28.66 S	F	Hendrika Vreken	42	KNYD EDD	03/09/2016	Royal Swimming Academy Gala
68	1:37.74 S	F	Tracy McKay	47	SGUL ETH	25/08/2016	Sa Short Course Swimming Cham
69	1:40.08 S	F	Songo Mfikili	25	HARL BUF	19/08/2016	Ultimate Swim Club Short Course
70	3:14.33 S	F	Patricia Ings	48	SGUL ETH	25/08/2016	Sa Short Course Swimming Cham
Women 19 & Over 200 Free							
1	2:02.90 S	F	Kristin Bellingan	19	SGUL ETH	25/08/2016	Sa Short Course Swimming Cham
2	2:03.35 S	F	Caitlin Kat	24	MATI CED	25/08/2016	Sa Short Course Swimming Cham
3	2:04.08 S	F	Tatum Tarpey	19	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
4	2:04.61 S	F	Jessica Whelan	20	STAD JHB	06/10/2016	KZN Seagulls Winter Short Course
5	2:08.08 S	F	Emily Visagie	19	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
6	2:09.13 S	P	Danica McWilliam	21	STAD JHB	25/08/2016	Sa Short Course Swimming Cham
7	2:10.10 S	F	Lindsay McLeod	22	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
8	2:10.18 S	F	Alison Basel	19	WATR JHB	25/06/2016	Arena Dual Meet Competition
9	2:10.55 S	F	Kristy Kupfer	19	MDOL JHB	29/07/2016	CGA Senior Short Course Open 2016
10	2:13.17 S	F	Kyra Vivian	19	MDOL JHB	25/06/2016	Arena Dual Meet Competition
11	2:13.31 S	F	Caitlin Truter	20	ASA CPT	15/07/2016	Western Cape Winter SC Champic
12	2:13.33 S	F	Bathandwa Dyantyi	19	AQUA BUF	06/10/2016	KZN Seagulls Winter Short Course
13	2:13.34 S	P	Nadia Blaauw	19	NWUC KKD	25/08/2016	Sa Short Course Swimming Cham
14	2:13.78 S	F	Eune Odendaal	19	PSC TSH	29/07/2016	CGA Senior Short Course Open 2016
15	2:14.07 S	F	Michelle Nieuwstad	23	MATI CED	15/07/2016	Western Cape Winter SC Champic
16	2:14.76 S	F	Camryn Wheals	19	TUKS TSH	13/08/2016	NTS Senior Short Course Champs
17	2:15.43 S	P	Caitlin Sleet	19	MATI CED	25/08/2016	Sa Short Course Swimming Cham
18	2:15.64 S	F	Suzette Steenkamp	19	CLSC WCD	25/06/2016	Western Cape Qualifying Gala 1
19	2:17.34 S	F	Khanya Jack	19	AQUA BUF	19/08/2016	Ultimate Swim Club Short Course
20	2:17.47 S	P	Cornell Loubser	22	NWUC KKD	25/08/2016	Sa Short Course Swimming Cham
21	2:21.41 S	F	Maria Bornman	25	AQWO CPT	25/06/2016	Western Cape Qualifying Gala 1
22	2:22.42 S	F	Danielle Smit	19	USC BUF	06/10/2016	KZN Seagulls Winter Short Course
23	2:24.39 S	P	Jessica Bouwer	20	TUKS TSH	25/08/2016	Sa Short Course Swimming Cham
24	2:25.10 S	F	Anél De Vos	19	TKSS WBD	17/09/2016	Limpopo Age Group 17 Septembe
25	2:28.37 S	F	Kelsey Heatlie	21	STAD JHB	06/10/2016	KZN Seagulls Winter Short Course
26	2:28.92 S	F	Lauren Barnes	19	BENS EKU	18/06/2016	EGA Winter 1 Gala
27	2:32.44 S	F	Michaela Diaz	20	TUKS TSH	13/08/2016	NTS Senior Short Course Champs
28	2:33.48 S	F	Julia Anderson	20	CADO CPT	25/06/2016	Western Cape Qualifying Gala 1
29	3:04.68 S	F	Melisa O'Neil	CR	TSSC ETH	06/10/2016	KZN Seagulls Winter Short Course
30	3:23.88 S	F	Hendrika Vreken	42	KNYD EDD	03/09/2016	Royal Swimming Academy Gala
31	3:25.34 S	F	Donnée Dixon	26	ASA CPT	25/06/2016	Western Cape Qualifying Gala 1
32	3:37.58 S	F	Tracy McKay	47	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
33	3:56.63 S	F	Songo Mfikili	25	HARL BUF	19/08/2016	Ultimate Swim Club Short Course
Women 19 & Over 400 Free							
1	4:18.35 S	F	Caitlin Kat	24	MATI CED	25/08/2016	Sa Short Course Swimming Cham
2	4:19.50 S	F	Kristin Bellingan	19	SGUL ETH	25/08/2016	Sa Short Course Swimming Cham
3	4:19.94 S	F	Jessica Whelan	20	STAD JHB	25/08/2016	Sa Short Course Swimming Cham
4	4:25.60 S	F	Emily Visagie	19	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
5	4:32.32 S	F	Kyra Vivian	19	MDOL JHB	06/10/2016	KZN Seagulls Winter Short Course
6	4:35.32 S	P	Danica McWilliam	21	STAD JHB	25/08/2016	Sa Short Course Swimming Cham
7	4:40.20 S	F	Eune Odendaal	19	PSC TSH	06/10/2016	KZN Seagulls Winter Short Course

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	Time	P/F/S	Name	Age/Yr			
8	4:42.99 S	P	Nadia Blaauw	19	NWUC KKD	25/08/2016	Sa Short Course Swimming Cham
9	4:43.22 S	F	Caitlin Sleet	19	MATI CED	15/07/2016	Western Cape Winter SC Champi
10	4:43.41 S	F	Chelsea Meiring	19	SEAL UMD	19/06/2016	eThekwini Seals Winter Gala 2 20
11	4:44.09 S	F	Khanya Jack	19	AQUA BUF	06/10/2016	KZN Seagulls Winter Short Course
12	4:44.66 S	F	Caitlin Truter	20	ASA CPT	09/09/2016	EDEN SC CHAMPS 9/10 SEPTEN
13	4:46.72 S	F	Bathandwa Dyantyi	19	AQUA BUF	06/10/2016	KZN Seagulls Winter Short Course
14	4:56.46 S	P	Emily Gray	25	TUKS FSH	25/08/2016	Sa Short Course Swimming Cham
15	5:07.18 S	F	Jessica Bouwer	20	TUKS FSH	13/08/2016	NTS Senior Short Course Champs
16	5:07.37 S	F	Maria Bornman	25	AQWO CPT	25/06/2016	Western Cape Qualifying Gala 1
17	5:12.96 S	F	Lauren Barnes	19	BENS ECU	09/07/2016	EGA Winter 2_09July 2016
18	5:17.18 S	F	Julia Anderson	20	CADO CPT	25/06/2016	Western Cape Qualifying Gala 1
19	5:35.28 S	F	Megan Scott	25	ONYX ECU	09/07/2016	EGA Winter 2_09July 2016
20	6:07.51 S	F	Janet Michaelides	42	KNYD EDD	04/06/2016	Eden 1st SC Gala 2016
21	6:22.27 S	F	Kristy Boucher	24	ONYX ECU	09/07/2016	EGA Winter 2_09July 2016
Women 19 & Over 800 Free							
1	8:50.20 S	F	Jessica Whelan	20	STAD JHB	25/08/2016	Sa Short Course Swimming Cham
2	8:56.95 S	F	Caitlin Kat	24	MATI CED	25/08/2016	Sa Short Course Swimming Cham
3	9:32.51 S	F	Kyra Vivian	19	MDOL JHB	06/10/2016	KZN Seagulls Winter Short Course
4	9:51.23 S	F	Caitlin Truter	20	ASA CPT	09/09/2016	EDEN SC CHAMPS 9/10 SEPTEN
5	9:54.43 S	F	Khanya Jack	19	AQUA BUF	06/10/2016	KZN Seagulls Winter Short Course
6	11:36.80 S	F	Tiemke Rijpstra	39	ROA EDD	23/07/2016	Eden 3rd SC Gala 2016
Women 19 & Over 1500 Free							
1	19:58.56 S	F	Anél De Vos	19	TKSS WBD	17/09/2016	Limpopo Age Group 17 Septembe
2	24:23.25 S	F	Janet Michaelides	42	KNYD EDD	18/06/2016	Eden 2nd SC Gala 2016
Women 19 & Over 50 Back							
1	27.82 S	P	Tayla Lovemore	22	RSA	06/12/2016	13th FINA WORLD SWIMMING CI
2	28.99 S	S	Jamie Reynolds	19	SEAL UMD	25/08/2016	Sa Short Course Swimming Cham
3	30.49 S	S	Megan Scott	25	ONYX ECU	25/08/2016	Sa Short Course Swimming Cham
4	30.53 S	S	Michelle Nieuwstad	23	MATI CED	25/08/2016	Sa Short Course Swimming Cham
5	30.82 S	F	Michelle Pistorius	24	NWUC KKD	24/09/2016	NWS Short Course Championship
6	31.07 S	F	Eliz-Maric Cronje	19	POTC KKD	24/09/2016	NWS Short Course Championship
7	31.11 S	F	Tatum Tarpey	19	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
8	31.30 S	S	Odile Dauvellier	23	TUKS FSH	25/08/2016	Sa Short Course Swimming Cham
9	31.33 S	S	Anna Retief	23	KOVS MAN	25/08/2016	Sa Short Course Swimming Cham
10	31.34 S	F	Lindsay McLeod	22	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
11	31.64 S	P	Tina Bahlmann	19	TUKS FSH	25/08/2016	Sa Short Course Swimming Cham
12	31.88 S	P	Dawn Schutte	20	SGUL ETH	25/08/2016	Sa Short Course Swimming Cham
13	31.90 S	F	Jessica Whelan	20	STAD JHB	06/10/2016	KZN Seagulls Winter Short Course
14	31.92 S	F	Kristy Kupfer	19	MDOL JHB	25/06/2016	Arena Dual Meet Competition
15	32.04 S	F	Eune Odendaal	19	PSC FSH	25/06/2016	Arena Dual Meet Competition
16	32.10 S	P	Brie Parker	20	SEAL UMD	25/08/2016	Sa Short Course Swimming Cham
17	32.16 S	P	Caila Davids	20	TUKS FSH	25/08/2016	Sa Short Course Swimming Cham
18	32.19 S	F	Bathandwa Dyantyi	19	AQUA BUF	06/10/2016	KZN Seagulls Winter Short Course
19	32.29 S	P	Nadia Blaauw	19	NWUC KKD	25/08/2016	Sa Short Course Swimming Cham
20	32.55 S	F	Ella Mencil	20	MDOL JHB	25/06/2016	Arena Dual Meet Competition
21	32.76 S	P	Seonaid Leech	21	STAD JHB	23/07/2016	EKURHULENI Winter Champs 20
22	33.05 S	F	Danielle Smit	19	USC BUF	23/09/2016	Future Stars Aquanova Shortcous
23	33.50 S	P	Nicole Lewis	22	FINS EZD	25/08/2016	Sa Short Course Swimming Cham
24	33.66 S	F	Emily Visagie	19	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
25	34.15 S	F	Kyra Vivian	19	MDOL JHB	06/10/2016	KZN Seagulls Winter Short Course
26	34.18 S	F	Khanya Jack	19	AQUA BUF	06/10/2016	KZN Seagulls Winter Short Course
27	34.28 S	F	Lauren Barnes	19	BENS ECU	23/07/2016	EKURHULENI Winter Champs 20
28	34.63 S	F	Kelsey Heatlie	21	STAD JHB	06/10/2016	KZN Seagulls Winter Short Course
29	35.30 S	F	Jessica Burgess	19	ESP ECU	23/07/2016	EKURHULENI Winter Champs 20
30	35.32 S	F	Esthé Bester	29	HARB BPD	24/09/2016	NWS Short Course Championship
31	35.48 S	F	Cristelle Kriel	23	NSA EZD	25/08/2016	Sa Short Course Swimming Cham
32	35.53 S	F	Michele Esterhuizen	45	NSA EZD	23/07/2016	MP Winter SC - July 2016
33	36.89 S	F	Mariné Jv Rensburg	19	LIMSC LP	14/10/2016	Limpopo HS Topskole 2016

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

	Time	P/F/S	Name	Age/Yr			
34	37.96 S	F	Amy Fraser	21	NEWS ADJ	06/10/2016	KZN Seagulls Winter Short Course
35	39.92 S	F	Anneke Boshoff	44	HARB BPD	24/09/2016	NWS Short Course Championship
36	40.71 S	F	Jo- Mari Smith	28	CSA EZD	06/08/2016	MP Winter SC 6 Aug - 2016
37	41.91 S	F	Maritza Snyders	20	BEAV ETH	25/08/2016	Sa Short Course Swimming Cham
38	50.83 S	F	Cornelia Fowler	37	KLOO ETH	25/08/2016	Sa Short Course Swimming Cham
39	54.03 S	F	Songo Mfikili	25	HARL BUF	19/08/2016	Ultimate Swim Club Short Course
Women 19 & Over 100 Back							
1	1:01.58 S	F	Jessica Ashley-Cooper	25	TYGE CPT	15/07/2016	Western Cape Winter SC Champic
2	1:02.01 S	S	Jamie Reynolds	19	SEAL UMD	25/08/2016	Sa Short Course Swimming Cham
3	1:05.30 S	F	Lindsay McLeod	22	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
4	1:06.19 S	P	Michelle Nieuwstad	23	MATI CED	25/08/2016	Sa Short Course Swimming Cham
5	1:06.45 S	P	Tatum Tarpey	19	SGUL ETH	25/08/2016	Sa Short Course Swimming Cham
6	1:07.06 S	P	Odile Dauvellier	23	TUKS FSH	25/08/2016	Sa Short Course Swimming Cham
7	1:07.33 S	F	Dawn Schutte	20	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
8	1:07.42 S	F	Kristy Kupfer	19	MDOL JHB	29/07/2016	CGA Senior Short Course Open 20
9	1:07.67 S	F	Nadia Blaauw	19	NWUC KKD	24/09/2016	NWS Short Course Championship
10	1:07.84 S	F	Eliz-Maric Cronje	19	NWS	20/08/2016	Small Districts Championship Gala
11	1:08.09 S	F	Jessica Whelan	20	STAD JHB	12/06/2016	CGA Winter Gala No 1
12	1:08.15 S	F	Bathandwa Dyantyi	19	AQUA BUF	21/10/2016	BCA Short Course Championships
13	1:08.20 S	P	Samantha Blaauw	21	NWUC KKD	25/08/2016	Sa Short Course Swimming Cham
14	1:08.26 S	F	Eune Odendaal	19	PSC FSH	25/06/2016	Arena Dual Meet Competition
15	1:08.86 S	F	Emily Visagie	19	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
16	1:09.04 S	F	Michelle Pistorius	24	NWUC KKD	24/09/2016	NWS Short Course Championship
17	1:09.14 S	P	Mikal Botha	19	TUKS FSH	25/08/2016	Sa Short Course Swimming Cham
18	1:09.32 S	F	Kyra Vivian	19	MDOL JHB	06/10/2016	KZN Seagulls Winter Short Course
19	1:09.56 S	P	Brie Parker	20	SEAL UMD	25/08/2016	Sa Short Course Swimming Cham
20	1:10.70 S	F	Tina Bahlmann	19	TUKS FSH	13/08/2016	NTS Senior Short Course Champs
21*	1:10.74 S	P	Jessica De Beer	22	FLOD JHB	25/08/2016	Sa Short Course Swimming Cham
21*	1:10.74 S	F	Seonaid Leech	21	STAD JHB	23/07/2016	EKURHULENI Winter Champs 20
23	1:10.86 S	F	Anél De Vos	19	LP LP	20/08/2016	Small Districts Championship Gala
24	1:11.76 S	F	Danielle Smit	19	USC BUF	06/10/2016	KZN Seagulls Winter Short Course
25	1:12.28 S	F	Nasha Van Rensburg	19	TYGE CPT	21/05/2016	WC Metro Winelands Winter Gala
26	1:13.18 S	F	Lauren Barnes	19	BENS ECU	23/07/2016	EKURHULENI Winter Champs 20
27	1:13.25 S	F	Kelsey Heatlie	21	STAD JHB	06/10/2016	KZN Seagulls Winter Short Course
28	1:13.60 S	F	Caitlin Sleet	19	MATI CED	15/07/2016	Western Cape Winter SC Champic
29	1:14.14 S	P	Cristelle Kriel	23	NSA EZD	25/08/2016	Sa Short Course Swimming Cham
30	1:14.67 S	F	Jessica Burgess	19	EGA ECU	20/08/2016	Small Districts Championship Gala
31	1:15.29 S	P	Emily Gray	25	TUKS FSH	25/08/2016	Sa Short Course Swimming Cham
32	1:18.57 S	F	Zoli de Kock	33	POTC KKD	24/09/2016	NWS Short Course Championship
33	1:28.94 S	F	Maritza Snyders	20	BEAV ETH	25/08/2016	Sa Short Course Swimming Cham
34	1:29.81 S	F	Jo- Mari Smith	28	CSA EZD	06/08/2016	MP Winter SC 6 Aug - 2016
35	1:38.06 S	F	Deidre Van Biljon	44	VICT ECU	09/07/2016	EGA Winter 2 _09July 2016
36	2:00.15 S	P	Tracy McKay	47	SGUL ETH	25/08/2016	Sa Short Course Swimming Cham
37	2:56.67 S	P	Patricia Ings	48	SGUL ETH	25/08/2016	Sa Short Course Swimming Cham
Women 19 & Over 200 Back							
1	2:18.88 S	F	Michelle Weber	20	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
2	2:23.09 S	P	Tatum Tarpey	19	SGUL ETH	25/08/2016	Sa Short Course Swimming Cham
3	2:24.65 S	F	Kristy Kupfer	19	MDOL JHB	29/07/2016	CGA Senior Short Course Open 20
4	2:24.80 S	P	Michelle Nieuwstad	23	MATI CED	25/08/2016	Sa Short Course Swimming Cham
5	2:25.48 S	F	Lindsay McLeod	22	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
6	2:26.31 S	P	Nadia Blaauw	19	NWUC KKD	25/08/2016	Sa Short Course Swimming Cham
7	2:27.48 S	F	Eune Odendaal	19	PSC FSH	06/10/2016	KZN Seagulls Winter Short Course
8	2:28.61 S	F	Bathandwa Dyantyi	19	AQUA BUF	06/10/2016	KZN Seagulls Winter Short Course
9	2:34.75 S	F	Danielle Smit	19	USC BUF	21/10/2016	BCA Short Course Championships
10	2:37.69 S	F	Anél De Vos	19	TKSS WBD	17/09/2016	Limpopo Age Group 17 Septembe
11	2:39.75 S	F	Lauren Barnes	19	BENS ECU	06/08/2016	EGA Winter 3
12	3:36.87 S	F	Donnée Dixon	26	ASA CPT	25/06/2016	Western Cape Qualifying Gala 1

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

	Time	P/F/S	Name	Age/Yr				
Women 19 & Over 50 Breast								
1	31.62 S	F	Jamie Reynolds	19	SEAL	UMD	25/08/2016	Sa Short Course Swimming Cham
2*	32.55 S	F	Chelsea Meiring	19	SEAL	UMD	25/08/2016	Sa Short Course Swimming Cham
2*	32.55 S	S	Tove Van Zyl	19	TUKS	FSH	25/08/2016	Sa Short Course Swimming Cham
4	33.32 S	S	Emily Visagie	19	SGUL	ETH	25/08/2016	Sa Short Course Swimming Cham
5	33.57 S	F	Nakita Hodgson	22	SGUL	ETH	06/10/2016	KZN Seagulls Winter Short Course
6	34.05 S	S	Brie Parker	20	SEAL	UMD	25/08/2016	Sa Short Course Swimming Cham
7	34.50 S	F	Tatum Tarpey	19	SGUL	ETH	06/10/2016	KZN Seagulls Winter Short Course
8	34.67 S	P	Caila Davids	20	TUKS	FSH	25/08/2016	Sa Short Course Swimming Cham
9	34.81 S	P	Caitlin Truter	20	ASA	CPT	25/08/2016	Sa Short Course Swimming Cham
10	35.25 S	F	Jessica Whelan	20	STAD	JHB	29/07/2016	CGA Senior Short Course Open 2l
11*	35.30 S	P	Cayla Saaiman	20	TUKS	FSH	25/08/2016	Sa Short Course Swimming Cham
11*	35.30 S	P	Michaela Diaz	20	TUKS	FSH	25/08/2016	Sa Short Course Swimming Cham
13	35.62 S	P	Danica McWilliam	21	STAD	JHB	25/08/2016	Sa Short Course Swimming Cham
14	35.94 S	F	Licinda Kleynhans	20	NWUC	KKD	24/09/2016	NWS Short Course Championship
15	36.00 S	F	Cassie Shear	21	STAD	JHB	29/07/2016	CGA Senior Short Course Open 2l
16	36.48 S	F	Eliz-Maric Cronje	19	POTC	KKD	24/09/2016	NWS Short Course Championship
17	36.63 S	P	Jessica De Beer	22	FLOD	JHB	25/08/2016	Sa Short Course Swimming Cham
18	36.67 S	P	Jessica Bouwer	20	TUKS	FSH	25/08/2016	Sa Short Course Swimming Cham
19	37.46 S	F	Esthé Bester	29	HARB	BPD	24/09/2016	NWS Short Course Championship
20	37.58 S	F	Khanya Jack	19	AQUA	BUF	06/10/2016	KZN Seagulls Winter Short Course
21	38.65 S	F	Kelsey Heatlie	21	STAD	JHB	06/10/2016	KZN Seagulls Winter Short Course
22	38.75 S	F	Nicole Lewis	22	FINS	EZD	23/07/2016	MP Winter SC - July 2016
23	38.79 S	F	Danielle Smit	19	USC	BUF	19/08/2016	Ultimate Swim Club Short Course
24	39.66 S	F	Jamie Gardiner	19	SASE	JHB	29/07/2016	CGA Senior Short Course Open 2l
25	40.01 S	F	Gretchen Bekker	19	LIMSC	LP	14/10/2016	Limpopo HS Topskole 2016
26	42.42 S	F	Jessica Burgess	19	ESP	EKU	23/07/2016	EKURHULENI Winter Champs 20
27	43.13 S	F	Kristy Boucher	24	ONYX	EKU	23/07/2016	EKURHULENI Winter Champs 20
28	43.80 S	F	Maritza Snyders	20	BEAV	ETH	25/08/2016	Sa Short Course Swimming Cham
29	43.98 S	F	Cristelle Kriel	23	NSA	EZD	23/07/2016	MP Winter SC - July 2016
30	44.52 S	F	Janet Michaelides	42	KNYD	EDD	04/06/2016	Eden 1st SC Gala 2016
31	45.72 S	F	Amy Fraser	21	NEWS	ADJ	06/10/2016	KZN Seagulls Winter Short Course
32	46.90 S	F	Anneke Boshoff	44	HARB	BPD	24/09/2016	NWS Short Course Championship
33	47.99 S	F	Deidre Van Biljon	44	VICT	EKU	09/07/2016	EGA Winter 2_09July 2016
34	50.15 S	P	Cornelia Fowler	37	KLOO	ETH	25/08/2016	Sa Short Course Swimming Cham
35	53.62 S	F	Melisa O'Neil	CR	TSSC	ETH	06/10/2016	KZN Seagulls Winter Short Course
Women 19 & Over 100 Breast								
1	1:10.64 S	F	Emily Visagie	19	SGUL	ETH	25/08/2016	Sa Short Course Swimming Cham
2	1:12.33 S	F	Tilka Paljk	20	TUKS	FSH	13/08/2016	NTS Senior Short Course Champs
3	1:12.65 S	S	Tove Van Zyl	19	TUKS	FSH	25/08/2016	Sa Short Course Swimming Cham
4	1:13.22 S	S	Cayla Saaiman	20	TUKS	FSH	25/08/2016	Sa Short Course Swimming Cham
5	1:13.46 S	P	Jamie Reynolds	19	SEAL	UMD	25/08/2016	Sa Short Course Swimming Cham
6	1:13.59 S	S	Caila Davids	20	TUKS	FSH	25/08/2016	Sa Short Course Swimming Cham
7	1:13.78 S	F	Nakita Hodgson	22	SGUL	ETH	06/10/2016	KZN Seagulls Winter Short Course
8	1:14.73 S	S	Brie Parker	20	SEAL	UMD	25/08/2016	Sa Short Course Swimming Cham
9	1:15.29 S	F	Caitlin Truter	20	ASA	CPT	15/07/2016	Western Cape Winter SC Champic
10	1:15.99 S	F	Jessica Whelan	20	STAD	JHB	29/07/2016	CGA Senior Short Course Open 2l
11	1:17.19 S	P	Chelsea Meiring	19	SEAL	UMD	25/08/2016	Sa Short Course Swimming Cham
12	1:17.40 S	P	Kirsten Coetzee	20	AZON	ETH	25/08/2016	Sa Short Course Swimming Cham
13	1:17.50 S	P	Michaela Diaz	20	TUKS	FSH	25/08/2016	Sa Short Course Swimming Cham
14	1:17.91 S	F	Eliz-Maric Cronje	19	NWS		20/08/2016	Small Districts Championship Gala
15	1:18.10 S	P	Jessica De Beer	22	FLOD	JHB	25/08/2016	Sa Short Course Swimming Cham
16	1:19.09 S	F	Suzette Steenkamp	19	CLSC	WCD	25/06/2016	Western Cape Qualifying Gala 1
17	1:19.94 S	F	Kyra Vivian	19	MDOL	JHB	06/10/2016	KZN Seagulls Winter Short Course
18	1:19.95 S	F	Michelle Nieuwstad	23	MATI	GED	15/07/2016	Western Cape Winter SC Champic
19*	1:20.35 S	F	Licinda Kleynhans	20	NWUC	KKD	24/09/2016	NWS Short Course Championship
19*	1:20.35 S	F	Khanya Jack	19	AQUA	BUF	06/10/2016	KZN Seagulls Winter Short Course
21	1:23.05 S	F	Caitlin Sleet	19	MATI	GED	15/07/2016	Western Cape Winter SC Champic

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

	Time	P/F/S	Name	Age/Yr			
22	1:24.41 S	F	Kelsey Heatlie	21	STAD JHB	06/10/2016	KZN Seagulls Winter Short Course
23	1:26.30 S	F	Esthé Bester	29	HARB BPD	24/09/2016	NWS Short Course Championship
24	1:26.71 S	F	Phillippa Manners-Wood	20	MATI CED	15/07/2016	Western Cape Winter SC Champic
25	1:27.97 S	F	Nasha Van Rensburg	19	TYGE CPT	21/05/2016	WC Metro Winelands Winter Gala
26	1:28.29 S	F	Nicole Lewis	22	MP	20/08/2016	Small Districts Championship Gala
27	1:30.68 S	F	Cristelle Kriel	23	NSA EZD	23/07/2016	MP Winter SC - July 2016
28	1:33.01 S	P	Jessica Burgess	19	ESP EKU	23/07/2016	EKURHULENI Winter Champs 20
29	1:33.97 S	F	Jo- Mari Smith	28	CSA EZD	06/08/2016	MP Winter SC 6 Aug - 2016
30	1:34.49 S	F	Janet Michaelides	42	KNYD EDD	04/06/2016	Eden 1st SC Gala 2016
31	1:36.65 S	F	Maritza Snyders	20	BEAV ETH	25/08/2016	Sa Short Course Swimming Cham
32	1:38.79 S	F	Kristy Boucher	24	ONYX EKU	06/10/2016	KZN Seagulls Winter Short Course
33	1:50.75 S	F	Melisa O'Neil	CR	TSSC ETH	06/10/2016	KZN Seagulls Winter Short Course
34	2:52.99 S	F	Tracy McKay	47	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
Women 19 & Over 200 Breast							
1	2:25.16 S	F	Tatjana Schoemaker	20	TUKS FSH	13/08/2016	NTS Senior Short Course Champs
2	2:29.05 S	F	Emily Visagie	19	SGUL ETH	25/08/2016	Sa Short Course Swimming Cham
3	2:37.55 S	P	Caila Davids	20	TUKS FSH	25/08/2016	Sa Short Course Swimming Cham
4	2:37.62 S	F	Cayla Saaiman	20	TUKS FSH	25/08/2016	Sa Short Course Swimming Cham
5	2:42.15 S	F	Caitlin Truter	20	ASA CPT	15/07/2016	Western Cape Winter SC Champic
6	2:43.65 S	F	Kyra Vivian	19	MDOL JHB	06/10/2016	KZN Seagulls Winter Short Course
7	2:46.10 S	P	Nakita Hodgson	22	SGUL ETH	25/08/2016	Sa Short Course Swimming Cham
8	2:46.16 S	F	Jessica De Beer	22	FLOD JHB	29/07/2016	CGA Senior Short Course Open 2f
9	2:50.87 S	F	Suezette Steenkamp	19	CLSC WCD	25/06/2016	Western Cape Qualifying Gala 1
10	2:53.45 S	P	Kirsten Coetzee	20	AZON ETH	25/08/2016	Sa Short Course Swimming Cham
11	2:54.35 S	F	Khanya Jack	19	AQUA BUF	06/10/2016	KZN Seagulls Winter Short Course
12	2:57.01 S	F	Michelle Nieuwstad	23	MATI CED	15/07/2016	Western Cape Winter SC Champic
13	3:01.00 S	F	Caitlin Sleet	19	MATI CED	15/07/2016	Western Cape Winter SC Champic
14	3:07.11 S	F	Kelsey Heatlie	21	STAD JHB	06/10/2016	KZN Seagulls Winter Short Course
15	3:29.89 S	F	Janet Michaelides	42	KNYD EDD	18/06/2016	Eden 2nd SC Gala 2016
Women 19 & Over 50 Fly							
1	26.35 S	P	Tayla Lovemore	22	RSA	06/12/2016	13th FINA WORLD SWIMMING CI
2	28.31 S	P	Emma Chelius	20	MATI CED	04/10/2016	Fina -Airwave Swimming World Cu
3	28.45 S	P	Jamie Reynolds	19	SEAL UMD	25/08/2016	Sa Short Course Swimming Cham
4	28.77 S	S	Odile Dauvellier	23	TUKS FSH	25/08/2016	Sa Short Course Swimming Cham
5	28.82 S	F	Megan Scott	25	ONYX EKU	25/08/2016	Sa Short Course Swimming Cham
6	29.24 S	S	Tove Van Zyl	19	TUKS FSH	25/08/2016	Sa Short Course Swimming Cham
7	29.28 S	P	Camryn Wheals	19	TUKS FSH	25/08/2016	Sa Short Course Swimming Cham
8	29.69 S	F	Cornell Loubser	22	NWUC KKD	25/08/2016	Sa Short Course Swimming Cham
9	29.82 S	P	Anna Retief	23	KOVS MAN	25/08/2016	Sa Short Course Swimming Cham
10	29.99 S	P	Danica McWilliam	21	STAD JHB	25/08/2016	Sa Short Course Swimming Cham
11	30.17 S	F	Eune Odendaal	19	PSC FSH	06/10/2016	KZN Seagulls Winter Short Course
12	30.18 S	F	Emily Visagie	19	SGUL ETH	05/06/2016	KZN Seals Winter Gala 1 2016
13	30.31 S	F	Samantha Blaauw	21	NWUC KKD	24/09/2016	NWS Short Course Championship
14	30.52 S	F	Kyra Vivian	19	MDOL JHB	25/06/2016	Arena Dual Meet Competition
15	30.54 S	F	Nakita Hodgson	22	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
16	30.62 S	F	Thilde Victor	35	VICT EKU	23/07/2016	EKURHULENI Winter Champs 20
17	30.67 S	P	Tina Bahlmann	19	TUKS FSH	25/08/2016	Sa Short Course Swimming Cham
18	30.68 S	F	Lindsay McLeod	22	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
19	30.97 S	F	Eliz-Maric Cronje	19	POTC KKD	24/09/2016	NWS Short Course Championship
20	31.09 S	F	Tatum Tarpey	19	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
21	31.11 S	P	Jessica Bouwer	20	TUKS FSH	25/08/2016	Sa Short Course Swimming Cham
22	31.18 S	F	Michelle Pistorius	24	NWUC KKD	24/09/2016	NWS Short Course Championship
23	31.22 S	F	Jessica Whelan	20	STAD JHB	29/07/2016	CGA Senior Short Course Open 2f
24	31.41 S	F	Khanya Jack	19	AQUA BUF	23/09/2016	Future Stars Aquanova Shortcours
25	31.51 S	P	Caitlin Sleet	19	MATI CED	25/08/2016	Sa Short Course Swimming Cham
26	31.55 S	P	Jessica De Beer	22	FLOD JHB	25/08/2016	Sa Short Course Swimming Cham
27	31.59 S	F	Dawn Schutte	20	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
28	31.64 S	P	Licinda Kleynhans	20	NWUC KKD	25/08/2016	Sa Short Course Swimming Cham

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

	Time	P/F/S	Name	Age/Yr			
29	31.65 S	P	Michele Esterhuizen	45	NSA EZD	25/08/2016	Sa Short Course Swimming Cham
30	31.91 S	P	Nicole Lewis	22	FINS EZD	25/08/2016	Sa Short Course Swimming Cham
31	32.20 S	F	Zoli de Kock	33	POTC KKD	24/09/2016	NWS Short Course Championship
32	32.31 S	F	Danielle Smit	19	USC BUF	06/10/2016	KZN Seagulls Winter Short Course
33	32.72 S	F	Jamie Gardiner	19	SASE JHB	29/07/2016	CGA Senior Short Course Open 2l
34	32.87 S	F	Bathandwa Dyantyi	19	AQUA BUF	23/09/2016	Future Stars Aquanova Shortcours
35	33.43 S	F	Caitlin Truter	20	ASA CPT	09/09/2016	EDEN SC CHAMPS 9/10 SEPTEN
36	33.59 S	P	Cristelle Kriel	23	NSA EZD	25/08/2016	Sa Short Course Swimming Cham
37	33.60 S	F	Gretchen Bekker	19	LIMSC LP	14/10/2016	Limpopo HS Topskole 2016
38	34.99 S	P	Michaela Diaz	20	TUKS TSH	25/08/2016	Sa Short Course Swimming Cham
39	35.77 S	P	Jessica Burgess	19	ESP ECU	23/07/2016	EKURHULENI Winter Champs 20
40	36.09 S	F	Kelsey Heatlie	21	STAD JHB	06/10/2016	KZN Seagulls Winter Short Course
41	36.62 S	F	Lauren Barnes	19	BENS ECU	23/07/2016	EKURHULENI Winter Champs 20
42	39.70 S	F	Anneke Boshoff	44	HARB BPD	24/09/2016	NWS Short Course Championship
43	39.88 S	F	Kristy Boucher	24	ONYX ECU	06/10/2016	KZN Seagulls Winter Short Course
44	51.45 S	F	Songo Mfikili	25	HARL BUF	19/08/2016	Ultimate Swim Club Short Course

Women 19 & Over 100 Fly

1	59.47 S	P	Tayla Lovemore	22	RSA	06/12/2016	13th FINA WORLD SWIMMING CI
2	1:02.20 S	F	Jessica Ashley-Cooper	25	TYGE CPT	15/07/2016	Western Cape Winter SC Champic
3	1:05.19 S	S	Cornell Loubser	22	NWUC KKD	25/08/2016	Sa Short Course Swimming Cham
4	1:05.25 S	F	Emily Visagie	19	SGUL ETH	19/06/2016	eThekwini Seals Winter Gala 2 20
5	1:05.33 S	S	Odile Dauvellier	23	TUKS TSH	25/08/2016	Sa Short Course Swimming Cham
6	1:06.13 S	P	Tove Van Zyl	19	TUKS TSH	25/08/2016	Sa Short Course Swimming Cham
7	1:06.26 S	P	Anna Retief	23	KOV5 MAN	25/08/2016	Sa Short Course Swimming Cham
8	1:06.42 S	F	Megan Scott	25	EGA ECU	20/08/2016	Small Districts Championship Gala
9	1:06.88 S	F	Kyra Vivian	19	MDOL JHB	06/10/2016	KZN Seagulls Winter Short Course
10	1:06.90 S	F	Marli Jacobs	22	MATI CED	15/07/2016	Western Cape Winter SC Champic
11	1:07.09 S	P	Camryn Wheals	19	TUKS TSH	25/08/2016	Sa Short Course Swimming Cham
12	1:07.34 S	F	Khanya Jack	19	AQUA BUF	06/10/2016	KZN Seagulls Winter Short Course
13	1:07.75 S	F	Caitlin Kat	24	MATI CED	15/07/2016	Western Cape Winter SC Champic
14	1:08.07 S	F	Eune Odendaal	19	PSC TSH	29/07/2016	CGA Senior Short Course Open 2l
15	1:08.41 S	P	Tina Bahlmann	19	TUKS TSH	25/08/2016	Sa Short Course Swimming Cham
16	1:08.56 S	P	Samantha Blaauw	21	NWUC KKD	25/08/2016	Sa Short Course Swimming Cham
17	1:10.15 S	P	Licinda Kleynhans	20	NWUC KKD	25/08/2016	Sa Short Course Swimming Cham
18	1:10.18 S	F	Caitlin Truter	20	ASA CPT	15/07/2016	Western Cape Winter SC Champic
19	1:10.86 S	P	Michele Esterhuizen	45	NSA EZD	25/08/2016	Sa Short Course Swimming Cham
20	1:11.58 S	F	Jamie Gardiner	19	SASE JHB	29/07/2016	CGA Senior Short Course Open 2l
21	1:13.02 S	F	Maria Bornman	25	AQWO CPT	25/06/2016	Western Cape Qualifying Gala 1
22	1:13.45 S	F	Nasha Van Rensburg	19	TYGE CPT	21/05/2016	WC Metro Winelands Winter Gala
23	1:13.57 S	F	Lemay van Rensburg	19	NWS	20/08/2016	Small Districts Championship Gala
24	1:14.00 S	F	Caitlin Sleet	19	MATI CED	15/07/2016	Western Cape Winter SC Champic
25	1:16.99 S	P	Cristelle Kriel	23	NSA EZD	25/08/2016	Sa Short Course Swimming Cham
26	1:21.93 S	P	Jessica Burgess	19	ESP ECU	23/07/2016	EKURHULENI Winter Champs 20
27	1:34.18 S	P	Kristy Boucher	24	ONYX ECU	23/07/2016	EKURHULENI Winter Champs 20
28	1:47.57 S	F	Donnée Dixon	26	ASA CPT	25/06/2016	Western Cape Qualifying Gala 1

Women 19 & Over 200 Fly

1	2:19.24 S	F	Kristin Bellingan	19	SGUL ETH	25/08/2016	Sa Short Course Swimming Cham
2	2:19.26 S	F	Emily Visagie	19	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
3	2:19.47 S	F	Caitlin Kat	24	MATI CED	25/08/2016	Sa Short Course Swimming Cham
4	2:20.28 S	F	Carmen Le Roux	19	ACSA ETH	25/08/2016	Sa Short Course Swimming Cham
5	2:26.37 S	F	Cornell Loubser	22	NWUC KKD	25/08/2016	Sa Short Course Swimming Cham
6	2:28.93 S	F	Kyra Vivian	19	MDOL JHB	06/10/2016	KZN Seagulls Winter Short Course
7	2:34.42 S	F	Khanya Jack	19	AQUA BUF	06/10/2016	KZN Seagulls Winter Short Course

Women 19 & Over 100 IM

1	1:05.18 S	F	Tatjana Schoenmaker	20	TUKS TSH	13/08/2016	NTS Senior Short Course Champs
2	1:05.52 S	S	Chelsea Meiring	19	SEAL UMD	25/08/2016	Sa Short Course Swimming Cham
3	1:05.67 S	F	Jessica Ashley-Cooper	25	TYGE CPT	15/07/2016	Western Cape Winter SC Champic
4	1:06.05 S	S	Jessica Whelan	20	STAD JHB	25/08/2016	Sa Short Course Swimming Cham

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

	Time	P/F/S	Name	Age/Yr			
5	1:06.09 S	P	Tove Van Zyl	19	TUKS FSH	25/08/2016	Sa Short Course Swimming Cham
6	1:06.87 S	F	Emily Visagie	19	SGUL ETH	19/06/2016	eThekwini Seals Winter Gala 2 20
7	1:07.57 S	P	Caila Davids	20	TUKS FSH	25/08/2016	Sa Short Course Swimming Cham
8	1:08.16 S	F	Caitlin Kat	24	MATI CED	15/07/2016	Western Cape Winter SC Champic
9	1:08.26 S	P	Michelle Nieuwstad	23	MATI CED	25/08/2016	Sa Short Course Swimming Cham
10	1:08.55 S	P	Brie Parker	20	SEAL UMD	25/08/2016	Sa Short Course Swimming Cham
11	1:08.91 S	F	Mikal Botha	19	TUKS FSH	13/08/2016	NTS Senior Short Course Champs
12	1:08.97 S	F	Tilka Paljk	20	TUKS FSH	13/08/2016	NTS Senior Short Course Champs
13	1:09.34 S	F	Eliz-Maric Cronje	19	POTC KKD	24/09/2016	NWS Short Course Championship
14	1:10.36 S	P	Nakita Hodgson	22	SGUL ETH	25/08/2016	Sa Short Course Swimming Cham
15	1:11.12 S	P	Kirsten Coetzee	20	AZON ETH	25/08/2016	Sa Short Course Swimming Cham
16	1:12.31 S	F	Danielle Smit	19	USC BUF	21/10/2016	BCA Short Course Championships
17	1:12.52 S	F	Nadia Blaauw	19	NWUC KKD	24/09/2016	NWS Short Course Championship
18	1:12.57 S	F	Megan Scott	25	ONYX EKU	09/07/2016	EGA Winter 2 _09July 2016
19	1:12.96 S	P	Licinda Kleynhans	20	NWUC KKD	25/08/2016	Sa Short Course Swimming Cham
20	1:13.24 S	F	Khanya Jack	19	AQUA BUF	23/09/2016	Future Stars Aquanova Shortcours
21	1:13.37 S	F	Caitlin Truter	20	ASA CPT	09/09/2016	EDEN SC CHAMPS 9/10 SEPTEN
22	1:13.40 S	F	Caitlin Sleet	19	MATI CED	15/07/2016	Western Cape Winter SC Champic
23	1:13.54 S	F	Bathandwa Dyantyi	19	AQUA BUF	19/08/2016	Ultimate Swim Club Short Course
24	1:15.04 S	F	Esthé Bester	29	HARB BPD	24/09/2016	NWS Short Course Championship
25	1:15.13 S	F	Thilde Victor	35	VICT EKU	09/07/2016	EGA Winter 2 _09July 2016
26	1:15.52 S	P	Nicole Lewis	22	FINS EZD	25/08/2016	Sa Short Course Swimming Cham
27	1:16.73 S	F	Lauren Barnes	19	BENS EKU	23/07/2016	EKURHULENI Winter Champs 20
28	1:16.83 S	P	Michaela Diaz	20	TUKS FSH	25/08/2016	Sa Short Course Swimming Cham
29	1:17.89 S	F	Jessica Burgess	19	ESP EKU	23/07/2016	EKURHULENI Winter Champs 20
30	1:27.23 S	F	Maritza Snyders	20	BEAV ETH	25/08/2016	Sa Short Course Swimming Cham
31	1:27.97 S	F	Anneke Boshoff	44	HARB BPD	24/09/2016	NWS Short Course Championship
32	1:30.94 S	F	Janet Michaelides	42	KNYD EDD	18/06/2016	Eden 2nd SC Gala 2016
33	1:40.04 S	F	Hendrika Vreken	42	KNYD EDD	03/09/2016	Royal Swimming Academy Gala
34	1:41.37 S	P	Cornelia Fowler	37	KLOO ETH	25/08/2016	Sa Short Course Swimming Cham
Women 19 & Over 200 IM							
1	2:18.85 S	F	Emily Visagie	19	SGUL ETH	25/08/2016	Sa Short Course Swimming Cham
2	2:21.86 S	F	Jessica Whelan	20	STAD JHB	25/08/2016	Sa Short Course Swimming Cham
3	2:24.11 S	F	Kyra Vivian	19	MDOL JHB	06/10/2016	KZN Seagulls Winter Short Course
4	2:25.19 S	F	Caitlin Kat	24	MATI CED	15/07/2016	Western Cape Winter SC Champic
5*	2:25.95 S	P	Caila Davids	20	TUKS FSH	25/08/2016	Sa Short Course Swimming Cham
5*	2:25.95 S	F	Tatum Tarpey	19	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
7	2:28.60 S	P	Mikal Botha	19	TUKS FSH	25/08/2016	Sa Short Course Swimming Cham
8	2:28.83 S	F	Marne Frylinck	19	SGUL ETH	25/02/2017	Duel in The Pool - Pool B
9	2:29.18 S	F	Michelle Weber	20	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
10	2:30.71 S	F	Nakita Hodgson	22	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
11	2:30.79 S	F	Eliz-Maric Cronje	19	NWS	20/08/2016	Small Districts Championship Gal
12	2:31.56 S	F	Nasha Van Rensburg	19	TYGE CPT	21/05/2016	WC Metro Winelands Winter Gala
13	2:32.39 S	P	Caitlin Sleet	19	MATI CED	25/08/2016	Sa Short Course Swimming Cham
14	2:32.65 S	F	Eune Odendaal	19	PSC FSH	06/10/2016	KZN Seagulls Winter Short Course
15	2:33.02 S	F	Caitlin Truter	20	ASA CPT	15/07/2016	Western Cape Winter SC Champic
16	2:33.63 S	P	Chelsea Meiring	19	SEAL UMD	25/08/2016	Sa Short Course Swimming Cham
17	2:34.05 S	P	Jessica De Beer	22	FLOD JHB	25/08/2016	Sa Short Course Swimming Cham
18	2:34.53 S	F	Khanya Jack	19	AQUA BUF	06/10/2016	KZN Seagulls Winter Short Course
19	2:35.07 S	F	Suezette Steenkamp	19	CLSC WCD	25/06/2016	Western Cape Qualifying Gala 1
20	2:35.41 S	F	Bathandwa Dyantyi	19	AQUA BUF	23/09/2016	Future Stars Aquanova Shortcours
21	2:37.06 S	F	Danielle Smit	19	USC BUF	06/10/2016	KZN Seagulls Winter Short Course
22	2:38.88 S	F	Licinda Kleynhans	20	NWS	20/08/2016	Small Districts Championship Gal
23	2:42.45 S	F	Dawn Schutte	20	SGUL ETH	06/10/2016	KZN Seagulls Winter Short Course
24	2:43.24 S	F	Anél De Vos	19	TKSS WBD	17/09/2016	Limpopo Age Group 17 Septembe
25	2:44.13 S	F	Jamie Gardiner	19	SASE JHB	29/07/2016	CGA Senior Short Course Open 20
26	2:45.14 S	P	Cristelle Kriel	23	NSA EZD	25/08/2016	Sa Short Course Swimming Cham
27	2:45.50 S	F	Lauren Barnes	19	BENS EKU	23/07/2016	EKURHULENI Winter Champs 20
28	2:46.63 S	F	Maria Bornman	25	AQWO CPT	25/06/2016	Western Cape Qualifying Gala 1

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

	Time	P/F/S	Name	Age/Yr				
29	2:47.67 S	F	Jessica Burgess	19	ESP	EKU	23/07/2016	EKURHULENI Winter Champs 20
30	2:48.24 S	F	Chelsea Mills	19	CADO	CPT	25/06/2016	Western Cape Qualifying Gala 1
31	2:52.19 S	F	Julia Anderson	20	CADO	CPT	25/06/2016	Western Cape Qualifying Gala 1
32	2:53.43 S	F	Kelsey Heatlie	21	STAD	JHB	06/10/2016	KZN Seagulls Winter Short Course
33	3:10.47 S	F	Kristy Boucher	24	ONYX	EKU	06/10/2016	KZN Seagulls Winter Short Course
34	3:26.35 S	P	Cornelia Fowler	37	KLOO	ETH	25/08/2016	Sa Short Course Swimming Cham
35	3:34.24 S	P	Melisa O'Neil	CR	TSSC	ETH	25/08/2016	Sa Short Course Swimming Cham
36	3:57.65 S	F	Donnée Dixon	26	ASA	CPT	25/06/2016	Western Cape Qualifying Gala 1
37	4:49.14 S	F	Tracy McKay	47	SGUL	ETH	06/10/2016	KZN Seagulls Winter Short Course
Women 19 & Over 400 IM								
1	4:54.68 S	F	Jessica Whelan	20	STAD	JHB	25/08/2016	Sa Short Course Swimming Cham
2	4:58.96 S	F	Kyra Vivian	19	MDOL	JHB	06/10/2016	KZN Seagulls Winter Short Course
3	5:06.68 S	F	Caitlin Kat	24	MATI	GED	15/07/2016	Western Cape Winter SC Champic
4	5:25.31 S	F	Caitlin Truter	20	ASA	CPT	09/09/2016	EDEN SC CHAMPS 9/10 SEPTEN
5	5:26.13 S	F	Khanya Jack	19	AQUA	BUF	06/10/2016	KZN Seagulls Winter Short Course
6	5:27.96 S	F	Caitlin Sleet	19	MATI	GED	15/07/2016	Western Cape Winter SC Champic
7	7:55.51 S	F	Donnée Dixon	26	ASA	CPT	25/06/2016	Western Cape Qualifying Gala 1